

ACTIVITY COMPLETION REPORT

Activity Title : **EXTENSION LECTURE ON ICD AND PSYCHOTHERAPIES**

Theme : **“Understanding Mental Health Through ICD Classification and Evidence-Based Psychotherapies: Enhancing Clinical Assessment, Diagnosis, and Therapeutic Care.”**

Date : **16 October 2026**

Duration : **01 Hour**

Venue : **Department of Clinical Psychology, Dr. S.S. Tania Medical College Hospital and Research Centre (Jan Sewa Hospital)**

Organized By: **Faculty of Nursing**

Nature of Activity: **Extension Lecture**

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Address: **Tantia University Campus, Sri Ganganagar-335002**

2. EVENT DETAILS -

Sriganganagar College of Nursing, Faculty of Nursing, Tantia University, Sri Ganganagar, organised an extension lecture on “ICD and Psychotherapies” for the students of B.Sc. Nursing 5th Semester, at the Department of Clinical Psychology, Dr. S.S. Tania Medical College Hospital and Research Centre. The lecture was delivered by Dr. Karan, Clinical Psychologist, who provided valuable insights into the classification of mental and behavioural disorders and the role of psychotherapeutic interventions in mental healthcare. The programme aimed to strengthen students' theoretical understanding and clinical knowledge of psychiatric nursing by connecting classroom learning with professional mental health practice.

3. PARTICIPANTS

Total Participants: 105

S.No	Enroll No.	Student Name
1	202402300001	AANAND SWAMI
2	202402300002	ABHISHEK BHATI
3	202402300003	ABHISHEK KUMAR
4	202402300004	ADITYA SHARMA
5	202402300005	AISHMEEN KAUR

6	202402300006	AJEET BISHNOI
7	202402300007	AMANATVEER KAUR
8	202402300041	AMIT KUMAR
9	202402300008	AMITESH KUMAR
10	202402300009	ANKUSH
11	202402300010	ANKUSH SOKHAL
12	202402300011	ANUPREET SINGH
13	202402300012	AQUIB NASEER
14	202402300013	ARJOO
15	202402300014	ARVIND KUMAR
16	202402300015	AVI GODARA
17	202402300016	BABLU
18	202402300017	BHAVJOT SINGH
19	202402300018	BHUMIKA
20	202402300019	BRAMDEV
21	202402300020	DANISH SHAREEF MALIK
22	202402300021	DEVANT JANGIR
23	202402300022	DEVENDRA KUMAR
24	202402300023	DHIRAJ KUMAR
25	202402300024	HARMAN SINGH
26	202402300025	HARMANDEEP KAUR
27	202402300026	HARNOOR KAUR
28	202402300027	HARSH LAWA
29	202402300028	HITESH KUMAR
30	202402300029	JASHANDEEP KAUR
31	202402300030	JATIN

32	202402300031	JATIN CHHIMPA
33	202402300032	JAYANT
34	202402300033	JETHI PRAJAPAT
35	202402300034	KAMLESH BISHNOI
36	202402300035	KARAN
37	202402300036	KARAN MEGHWAL
38	202402300103	KARAN SWAMI
39	202402300037	KESHAV
40	202402300038	KHUSHPREET
41	202402300039	KOMALPREET KAUR
42	202402300040	LOVEDEEP SINGH
43	202402300042	MALIKA SINGH
44	202402300104	MAMTA
45	202402300043	MANISH JANAGAL
46	202402300044	MANISH KUMAR
47	202402300045	MANISHA
48	202402300099	MANISHA
49	202402300046	MANPREET KAUR
50	202402300047	MANUJ
51	202402300048	MITESH KUMAR
52	202402300049	MOHAMMAD HUSSAIN DAR
53	202402300050	MOHAMMED ARMAN
54	202402300051	MOHIT
55	202402300066	MOHIT VERMA
56	202402300052	MONU TYAGI
57	202402300053	MUKESH CHOUHAN

58	202402300054	MUKESH KUMAR
59	202402300055	NARPAT RAM
60	202402300056	NATHA RAM GODARA
61	202402300057	NAVJOT SINGH
62	202402300058	NIRAJ KUMAR
63	202402300067	PADAM SINGH
64	202402300059	PRASHANT MAHALA
65	202402300060	PRERANA
66	202402300061	PRIYANSHU
67	202402300100	PUNIT
68	202402300068	RABIYA RASHID
69	202402300062	RAHUL
70	202402300063	RAHUL JALANDHARA
71	202402300064	RAJA KUMAR
72	202402300069	RITESH JHORAR
73	202402300070	ROHIT CHHIMPA
74	202402300065	RUDRAKSH GOUTAM
75	202402300071	SACHIN
76	202402300072	SACHIN NAGAL
77	202402300073	SAGAR CHAND
78	202402300074	SAHIL
79	202402300075	SAHIL
80	202402300076	SAHIL AHEER
81	202402300077	SAHIL RJA
82	202402300078	SAMEER YOUSAF KHAN
83	202402300079	SANDEEP KAUR

84	202402300102	SANJANA
85	202402300080	SHAKTI MEENA
86	202402300081	SHUBHAM NIBHORIA
87	202402300082	SOURABH
88	202402300101	SOURABH KAMRA
89	202402300083	SOURABH SARAS
90	202402300084	SOURABH SINGH
91	202402300085	SUKHDEEP KAUR
92	202402300086	SUKHPREET KAUR
93	202402300087	SUMIT KUMAR MEHRA
94	202402300088	SUNIL
95	202402300089	SUNIL KUMAR
96	202402300090	SUSHIL
97	202402300091	TARUN CHOUDHARY
98	202402300092	TINKU VARMA
99	202402300093	VIJAY KANT
100	202402300094	VIKAS
101	202402300095	VISHAL
102	202402300096	VISHAL SINGH
103	202402300097	VISHAL SINGH
104	202402300105	YASHMAN
105	202402300098	YASHPAL SHARMA

4. OUTCOMES OF THE ACTIVITY

1. Enhanced Knowledge of ICD: Students gained an understanding of the International Classification of Diseases (ICD) and its importance in classifying mental and behavioural disorders.
2. Understanding of Psychiatric Disorders: Improved students' knowledge of the classification, clinical features, and diagnostic terminology associated with common mental health conditions.
3. Knowledge of Psychotherapies: Students developed an understanding of various psychotherapeutic approaches used in the management of mental health disorders.
4. Integration of Theory and Practice: The lecture helped bridge the gap between classroom learning and practical applications in psychiatric nursing.
5. Improved Clinical Assessment Skills: Enhanced awareness of systematic mental health assessment and the importance of collecting relevant patient information.
6. Understanding of Therapeutic Communication: Reinforced the importance of effective communication, active listening, empathy, and rapport-building in mental healthcare.
7. Awareness of Evidence-Based Practice: Familiarised students with the role of appropriate, evidence-based psychotherapeutic interventions in mental health treatment.
8. Individualised Patient Care: Emphasised the importance of selecting appropriate therapeutic interventions according to patients' psychological needs and clinical conditions.
9. Development of Clinical Reasoning: Encouraged students to understand the relationship between psychiatric assessment, diagnostic classification, and treatment planning.
10. Understanding of the Clinical Psychologist's Role: Increased awareness of the responsibilities of clinical psychologists in psychological assessment, diagnosis, psychotherapy, and rehabilitation.

5. PHOTOGRAPHS

